



SUNNYLANDS PRIMARY SCHOOL – SCHOOL MEALS MENU

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
28 th September 2020	29 th September 2020	30 th September 2020	1 st October 2020	2 nd October 2020
Chicken Bites, Baked Beans, Chipped Potatoes ~ Rice Pudding & Fruit	Chicken Curry with Boiled Rice, Carrot Sticks, Naan Bread ~ Golden Pop & Pineapple	Salmon Fish Cakes, Garden Peas, Tomato Sauce, Mashed Potatoes ~ Fresh Fruit or Yoghurt	Roast Beef, Carrots, Broccoli, Gravy & Mashed Potatoes ~ Popcorn Cookie & Watermelon	Spaghetti Bolognese & Crusty Bread ~ Smoothie & Mandarin Oranges

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
5 th October 2020	6 th October 2020	7 th October 2020	8 th October 2020	9 th October 2020
French Bread Pizza, Baked Beans, Chipped Potatoes ~ Frozen Yoghurt & Fruit	Irish Stew & Crusty Bread ~ Biscuit & Fruit	Burger & Bap, Tossed Salad, Herb Diced Potatoes ~ Jelly & Fruit	Roast Pork, Carrot & Parsnip, Gravy & Roast Potatoes ~ Ice Cream & Mandarin Oranges	Breaded Fish, Garden Peas, Tomato Sauce & Mashed Potatoes ~ Fresh Fruit or Yoghurt

PTO

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
12 th October 2020	13 th October 2020	14 th October 2020	15 th October 2020	16 th October 2020
Sausages, Baked Beans, Chipped Potatoes ~ Rice Pudding & Fruit	Chicken Curry, Brown Rice & Naan Bread ~ Ginger Biscuit, Milkshake & Melon	Breaded Fish, Garden Peas, Tomato Sauce & Mashed Potatoes ~ Fresh Fruit or Yoghurt	Roast Gammon, Cabbage, Sweetcorn, Gravy & Roast Potatoes ~ Ice Cream & Fruit	Chicken Wraps, Salad & Herb Diced Potatoes ~ Jelly & Fruit

Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
19 th October 2020	20 th October 2020	21 st October 2020	22 nd October 2020	23 rd October 2020
Cheese & Ham Panini, Tossed Salad, Chipped Potatoes ~ Fresh Fruit or Yoghurt	Buffet ~ Frozen Yoghurt & Fruit	Steak Casserole, Diced Carrots, Mashed Potatoes ~ Chocolate Cookie & Milkshake	Roast Chicken, Stuffing & Gravy, Turnip & Cauliflower, Roast Potatoes ~ Jelly & Fruit	Fish Fingers, Baked Beans, Mashed Potatoes ~ Sponge & Custard