

<u>SUNNYLANDS PRIMARY SCHOOL – SCHOOL MEALS MENU</u>

Monday	Tuesday	Wednesday	Thursday	Friday
1 st November 2021	2 nd November 2021	3 rd November 2021	4 th November 2021	5 th November 2021
Chicken Bites,	Chicken Curry with	Vegetable Broth	Roast Beef, Carrots &	Spaghetti Bolognese &
Baked Beans,	Brown Rice, Carrot	BBQ Pork or Tuna	Cauliflower, Gravy,	Crusty Bread
Chips or Baked	Sticks, Naan Bread	Baguette	Mashed Potatoes & Oven	
Potatoes		Tossed Salad	Roasted Potatoes	
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Rice Pudding & Fruit	Milk Shake	Fresh Fruit or Yoghurt	Popcorn Cookie &	Frozen Yoghurt &
_	Fruit Sponge &	_	Watermelon Wedge	Mandarin Orange
	Custard			

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
8 th November 2021	9 th November 2021	10 th November 2021	11 th November 2021	12 th November 2021
French Bread Pizza,	Irish Stew &	Beef Burger in a Bap,	Roast Lion of Pork,	Breaded Fish, Beans,
Baked Beans,	Crusty Bread	Tossed Salad,	Diced Carrots &	Mashed Potatoes
Coleslaw,		Oven Herb Diced	Parsnips,	
Chips or Baked Potato		Potatoes	Gravy, Mashed & Oven	
·			Roast Potatoes	
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Frozen Yoghurt &	Chocolate Brownie &	Raspberry Jelly & Fruit	Ice Cream &	Fresh Fruit or
Melon Wedge	Chocolate Sauce		Mandarin Oranges	Yoghurt

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
15 th November 2021	16 th November 2021	17 th November 2021	18 th November 2021	19 th November 2021
Oven Baked Sausages,	Chicken Curry,	Chicken & Noodle	Roast Gammon,	Chicken Wraps,
Baked Beans,	Brown Rice,	Vegetable Broth,	Shredded Cabbage,	Tossed Salad &
Chips or Baked	Naan Bread & Baton	Chicken or Tuna	Sweetcorn, Gravy,	Oven Baked Herb
Potatoes	Carrots	Baguette,	Mashed Potatoes & Oven	Diced Potatoes
		Tossed Salad	Roasted Potatoes	
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Rice Pudding &	Milkshake, Ginger	Fresh Fruit or Yoghurt	Ice Cream & Mandarin	Raspberry Jelly &
Peach Slices	Biscuit & Melon Wedge	_	Orange	Pineapple

Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
22 nd November 2021	23 rd November 2021	24 th November 2021	25 th November 2021	26 th November 2021
Cheese & Ham Panini,	<u>Buffet Day</u>	Steak & Onion Casserole,	Roast Chicken,	Oven Baked Fish
Tossed Salad,	Selection of	Diced Carrots,	Stuffing & Gravy,	Fingers, Baked Beans,
Chips or Baked Potato	Sandwiches, Cocktail	Mashed Potatoes	Turnip & Broccoli,	Mashed Potatoes
	Sausage, Chicken		Mashed Potatoes & Oven	
	Goujon, Finger of Pizza		Roast Potatoes	
	& Coleslaw			
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Fresh Fruit or	Frozen Yoghurt &	Milkshake, Chocolate	Orange Jelly & Mandarin	Fruit Sponge &
Yoghurt	Watermelon Wedge	Cookie & Orange Wedge	Orange	Custard